

# Kaizen – Applying Improvement to the Workplace

Practical Workplace Training Module



reduce waste ◆ increase throughput ◆ improve quality

# Kaizen Improves Culture & Performance



Kaizen (from the Japanese Kai-Zen meaning 'change for the better') is the term used to describe deliberate and ongoing improvement activity. Regular Kaizen is one of the hallmarks of high performing organisations.

Our Kaizen training workshop is designed to provide participants with a simple framework that allows teams to identify, prioritise and act upon improvement opportunities that deliver a measurable return to the organisation.

The workshop uses a workplace simulation exercise as a basis for showing how Kaizen can be applied in practice, ensuring that the learning can be translated into the real workplace.

Optional ongoing support can be provided to lead your teams through real on-site Kaizen events that deliver a fast ROI to your organisation. As with all of our training workshops, the content, context and duration are tailored to match your sector.



*There is a solution that pays for itself*

Call Chris on 0428 521 040  
[www.kallistaconsulting.com.au](http://www.kallistaconsulting.com.au)



# Workshop Agenda



## Review of core lean principles

Lean Principles

The 7 Wastes of operations (Muda)

## Process and Value Stream Mapping

## Running a Kaizen Event

## Identifying and Prioritising Lean Projects

## Using DMAIC as a framework for Improvement Project Planning

- Define
- Measure
- Analyse
- Improve
- Control

## A3 Planning & Reporting

## Team Based Creative Problem Solving

- SIPOC
- Ishikawa
- 5 WHys
- Pareto

改 善  
KAI ZEN

*Quite simply the best program for re-energising your team*

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# What you will learn & achieve



## Expected Outcomes

At the conclusion of this workshop participants are expected to;

- Create process and value stream maps of business processes,
- Identify & prioritise waste and improvement opportunities,
- Create an improvement plan using the DMAIC method and A3 planning,
- Support an improvement project and use team based creative problem solving to resolve barriers,
- Measure project results and report on achievements,
- Ensure improvements are locked in to prevent teams from going back to the 'old way'.

## Pre-Requisites

Our Introduction to Lean Thinking Workshop is recommended as a pre-requisite, but is not essential.

Pre-Requisites: Nil

Duration: Typically 1day and 2day versions

Delivered on-site or via remote facilitated workshops

Online courses also available

*Knowledge that creates ownership and empowerment*

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# Why Kallista Consulting



Our success comes not only from our expertise in process improvement methodologies such as Lean and Six-Sigma, but also from our ability to engage effectively with people at all levels. We are market leaders in providing the business transformation leadership that brings real results. Our training and workplace methods have been refined over many years to ensure they are engaging and practical and the feedback we receive is consistently excellent. Most of our clients experience a measured return that is many times their investment

Our reputation speaks for itself. Over the past decade, we have worked with clients for all sizes across diverse sectors, including with some of Australia's most respected organisations. Here are just a few;



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