

# An Introduction to Lean-Six Sigma

Practical Workplace Training in Continuous Improvement



reduce waste ◆ increase throughput ◆ improve quality

# Lean is Essential Business Knowledge

It has never been more important to understand the fundamentals of creating an agile, innovative and highly productive organisation. This engaging, interactive and highly practical workshop provides this fundamental knowledge.

As with all our training workshops, we tailor the content, context and duration to your specific requirements and provide a facilitator with experience aligned to your sector.

Theory sessions alternate with practical exercises and simulations throughout the workshop to develop the concepts through a variety of learning styles and to demonstrate the practical application of the theory.

Participants are provided with a framework that can directly translate into actual workplace transformation, especially when supplemented by ongoing mentoring from our facilitators.



*There is a solution that pays for itself*

Call Chris on 0428 521 040  
[www.kallistaconsulting.com.au](http://www.kallistaconsulting.com.au)



# Workshop Agenda

## An Introduction to Lean Thinking

- Overview and origins of Lean
- The Core Lean Principles
- The 7 Wastes of Operations

## Lean Foundations

- Visualisation of Purpose
- 5S Overview
- Process & Value Stream Mapping

## Lean Pillars

- Flexibility
- Workflow and Pull Systems
- Standardisation
- Perfect Quality
- Daily Management

## A Framework for implementing improvements

- Kaizen
- Prioritising projects
- Using DMAIC to plan projects



*Engage teams in continuous improvement*

Call Chris on 0428 521 040  
[www.kallistaconsulting.com.au](http://www.kallistaconsulting.com.au)



# What you will learn & achieve



## Expected Outcomes

At the conclusion of this workshop, participants are expected to;

- have a practical understanding of lean and six sigma principles and what makes effective process,
- be able to identify wasteful practices within their workplace and know which strategies to deploy to minimise them,
- understand the importance of KPIs and be able to conduct regular toolbox meetings,
- understand the importance of good layout and housekeeping in the workplace and how to create structure and order,
- identify when beneficial behaviours are not present and
- know how to form team and improvement project plans to implement change.

We would strongly recommend that this workshop is combined with our other workshops;

‘Kaizen – Applying improvement to the workplace’ and

‘Lean Leadership – Using Lean Tools to drive Effective Leadership’.

Pre-Requisites: Nil

Duration: Typically 1day and 2day versions

Delivered on-site or via remote facilitated workshops

Online courses also available

*Knowledge that creates ownership and empowerment*

Call Chris on 0428 521 040  
[www.kallistaconsulting.com.au](http://www.kallistaconsulting.com.au)



# Why Kallista Consulting



Our success comes not only from our expertise in process improvement methodologies such as Lean and Six-Sigma, but also from our ability to engage effectively with people at all levels. We are market leaders in providing the business transformation leadership that brings real results. Our training and workplace methods have been refined over many years to ensure they are engaging and practical and the feedback we receive is consistently excellent. Most of our clients experience a measured return that is many times their investment

Our reputation speaks for itself. Over the past decade, we have worked with clients for all sizes across diverse sectors, including with some of Australia's most respected organisations. Here are just a few;



Kallista Consulting  
(Kallista Services Group Pty Ltd)  
PO Box 367, Beechworth, Vic 3747  
info@kallistaconsulting.com.au  
www.kallistaconsulting.com.au  
0428 521 040